

Weekly Programme June - July 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Day Care Nursery 8am - 6pm for children aged 2 years and above	Day Care Nursery 8am - 6pm	Day Care Nursery 8am - 6pm	Day Care Nursery 8am - 6pm	Day Care Nursery 8am - 6pm
9.00 - 5.00 Parents Room Open	9.00 - 5.00 Parents Room Open	9.00 - 5.00 Parents Room Open	9.00 - 5.00 Parents Room Open	9.00 - 5.00 Parents Room Open
10.00 - 12.00 Next Steps Group For ages one to two years old Contact Julie for more information	10.00 - 12.00 Causeway Crèche and Parenting Programme Contact Karen Darwell on 01303 279051 for more information	Fruit and Vegetables Delivery Day Fruit Bag £4.00 Salad Bag £2.50 Place your order with Reception	9.00 - 5.00 Midwives Antenatal Clinic	9.00 - 12.00 Under 1's Group Including: Baby Weighing Creative Play for Babies
1.00 - 2.00 Musical Drop In's For children under 5 years	9.30 - 12.30 Training Food hygiene June 23, 30 Held at St Augustine Book with Nicky or Reception 01303 212720	9.30 - 11.30 Training Paediatric First Aid Book at Reception for future courses Book with Nicky or Reception 01303 212720	10.00 - 12.00 1st/&3rd Thurs of month Childminders Drop In To find out more about childminding contact Maggie 01303 212720	9.30 - 11.15 Baby Weighing 11.00 Baby Massage
12.45 - 2.45 Training Financial Futures Ideas and advice on budgeting made easy Book with Nicky or Reception 01303 212720	12.45 - 2.45 Training Craft Sessions June 23,30 and July 7 Crèche Available Book with Nicky or Reception 01303 212720		10.00 - 12.00 Breast Feeding Support Group Drop In For further information contact Pauline 01303 212720	11.45 Baby Singing
	2.00—5.00 Stop Smoking Free one to one advice and support Contact 0800 849 4444	12.45 - 2.45 General Drop In For families with children under 5		9.00 - 12.00 Citizens Advice Bureau Providing a free confidential and independent Gateway Plus advice service
	1.15 - 1.45 Baby Signing Book with Nicky or Reception 01303 212720			12.45 - 2.45 Training English as a Second Language Crèche Available

Folkestone Early Years Children's Centre Dover Road 01303 212720

Drop-in's at the Centre

UNDER 1's

Come along and have some fun whilst getting your baby weighed. Lots of creative play to stimulate your baby.

BREAST FEEDING SUPPORT GROUP

Come and access help and support in the early days and weeks of your breast feeding partnership

MUSICAL DROP-IN'S

Come and join in our musical drop-in. Lots of singing, music and movement for all to enjoy.

Music helps to connect the neural pathways in your child's brain and aids physical development

BABY MASSAGE

Come along for this relaxing experience and discover the benefits of massage for you and your baby

GENERAL DROP IN for under 5's

Come and have some friendly fun and play in specially equipped surroundings. Lots of learning through play activities for all to enjoy

NEXT STEPS for 1 - 2 year olds

Prepare your child for starting nursery. We have lots of learning through playvisits for all to enjoy. Come and play in specially equipped surroundings, and meet new mums

Parent Courses

Financial Futures

Each week come and share ideas and ways to budget your finances

Craft Sessions

Opportunity for you to learn how to make and design either cards, jewellery or paper flowers

HEALTH TRAINER

Come along and discuss making positive changes to your health
Pop in to St Augustine's or phone Anne 01303 220780
Also find out about Cook & Eat Courses

ENGLISH AS A SECOND LANGUAGE

Come along and improve your English skills
Crèche available

BABY SIGNING

Join us for baby signing where you and your child can learn the signs to aid your child's speech development and communication skills

FOOD HYGIENE CERTIFICATE

To be held at St Augustine
Reserve your space for the next course
Starting June 23rd