



Not every accident is a lucky escape
Don't trust children's safety to luck

Out of harm's way



Quiz for parents and carers of babies from birth to crawling

Babies develop so quickly they can do something new every day – whether that's wriggling or rolling while being changed, or reaching for your mug of hot tea. Once they start crawling, there's just no stopping them. Their little fingers are into everything and it all goes into their mouth for a good suck or chew!

But babies have no sense of danger and can't learn from experience. So they rely on you to keep them out of harm's way. Check out your safety knowledge by trying our quiz. Simply circle the answer of your choice.

1. A newborn baby's skin is thinner than an adult's. How much thinner?

- a Twice as thin?
- b Five times as thin?
- c Fifteen times as thin?

2. Where's the safest place to change your baby's nappy?

- a On the bed?
- b On the floor?
- c On a changing table?

3. Why could it be dangerous to leave your baby on their own, feeding from a bottle?

- a They may get hiccups?
- b They may get wind?
- c They may choke?

4. How long after you've made a hot drink will it be cool enough not to scald your baby?

- a 5 minutes?
- b 10 minutes?
- c 25 minutes?

5. If you spill a mug of hot tea on your baby while they're wearing a babygro, the babygro will:

- a Shrink?
- b Spread hot tea over your baby's whole body?
- c Stop the hot tea spreading any further?

6. Once you've heated your baby's bottle in the microwave, what should you do next?

- a Give it straight to your baby?
- b Add some cold water to it?
- c Shake the bottle thoroughly and then test how hot the milk is?

7. How deep does water need to be before your baby can drown in it?

- a 5 cm/2 inches
- b 15 cm/6 inches
- c 30 cm/12 inches

8. If your baby got into difficulties in water, what would they do?

- a Struggle and cry out?
- b Push their nose and mouth out of danger?
- c Slip under the water with no noise or struggle?

9. What's the safest way of travelling with your baby in the car?

- a Putting them on your lap?
- b Strapping them into a rear-facing baby seat?
- c Putting their carry cot on the back seat?

10. Which one of the following statements is true?

- a A baby walker is a safe way of keeping your baby entertained
- b A baby walker helps your baby reach things that can hurt them
- c A baby walker helps your baby learn to walk sooner

If you are a parent or carer and want to know more about keeping children safe, send off for our free advice leaflets – see choices below – or visit our website at www.capt.org.uk. Here you'll also find more quizzes and games to test your safety knowledge.

Q1: c	Q2: b	Q3: c	Q4: c
Q5: b	Q6: c	Q7: a	Q8: c
Q9: b	Q10: b		

ANSWERS

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Out of harm's way prize draw Child Accident Prevention Trust 22-26 Farringdon Lane London EC1R 3AJ

Send your entry to Child Accident Prevention Trust by 9 September 2005 Winners will be notified by 7 October 2005

Please tick your choice of free leaflet:

- Handle safely*** (tips for parents/carers of babies)
- I'm only a baby but...**
- Keep your baby safe**
- What might poison your child?***
- How safe is your child from burns and scalds?**
- How safe is your child from a serious fall?**
- How safe is your child in the car?**
- How safe are your child's toys?**
- How safe is your child in the garden?**
- Safe in their hands?** (tips for family and friends)

* Supported by Bitrex®

